

LIVING WELL WITH PARKINSON'S  
SPRING CONFERENCE  
SATURDAY, APRIL 10, 2010

REGISTRATION

*Please print*

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise   Grilled Salmon   Eggplant Rollatini

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise   Grilled Salmon   Eggplant Rollatini

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise   Grilled Salmon   Eggplant Rollatini

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise   Grilled Salmon   Eggplant Rollatini

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Are you a support group leader or co-facilitator?

If YES, your name: \_\_\_\_\_

# of Years With Group: \_\_\_\_\_

Name of Group: \_\_\_\_\_

Total Amount Enclosed - \$30.00 person: \_\_\_\_\_

*(registration fee includes continental breakfast, lunch and handouts)*

Space is limited.

**Registration and payment due by no later than April 2, 2010**

Please make checks payable to:

Robert Wood Johnson University Hospital

Subject: NJ APDA Conference: 4/10/10

Please send form and payment to:

NJ APDA Parkinson Association

120 Albany Street, Suite 360

New Brunswick, NJ 08901

Office: 732-745-7520

Questions-Email: Elizabeth.schaaf@rwjuh.edu

The Imperia  
1714 Easton Avenue, Somerset, NJ  
08873

**DIRECTIONS**

**RT. 287 (North or South)**

Exit 10 Rt. 527 South Easton Avenue. Imperia  
will be 1/4 mile on your right.

**NJ TURNPIKE (North or South)**

Exit 10 to Rt. 287 North. Exit 10 Rt. 527 South  
Easton Avenue. Imperia will be 1/4 mile on  
your right.

**GARDEN STATE PARKWAY (South)**

Exit 129 for 287 North. Exit 10 Rt. 527 South  
Easton Avenue. Imperia will be 1/4 mile on  
your right.

**GARDEN STATE PARKWAY (North)**

Exit 127 for 287 North. Exit 10 Rt. 527 South  
Easton Avenue. Imperia will be 1/4 mile on  
your right.

**RT. 22 OR RT. 78 (East or West)**

To Rt. 287 South. Exit 10 Rt. 527 South  
Easton Avenue. Imperia will be 1/4 mile on  
your right.

**Lodging Information:**

732-627-8483

Discounted rooms are available at the  
Comfort Suites, Somerset NJ.

The rate is 99.00 plus 15% tax. Please contact  
the hotel directly and indicate you are with the  
NJ APDA Parkinson's Conference group to  
receive the discounted room rate.

**SPRING CONFERENCE**

**LIVING WELL WITH  
PARKINSON'S DISEASE**

A conference for people with  
Parkinson's and their families



Saturday, April 10, 2010

9:30 a.m. to 3:15 p.m.

The Imperia, Somerset, NJ

1714 Easton Avenue, Somerset, NJ 08873

Presented by

The NJ APDA Parkinson's Information & Referral Center  
and the NJ Chapter APDA



ROBERT WOOD JOHNSON  
MEDICAL SCHOOL  
University of Medicine & Dentistry of New Jersey

**RWJ** ROBERT WOOD JOHNSON  
UNIVERSITY HOSPITAL

The NJ American Parkinson's Disease Association Information and Referral Center and the NJ Chapter of the American Parkinson's Disease Association are pleased to present our 'Living Well with Parkinson's Disease' spring conference for people with Parkinson's and their families.

Some highlights of the program include:

- tips for living and coping with Parkinson's
- information on the April 24th Parkinson's Unity Walk
- holistic approach to managing Parkinson's disease
- exercises and methods for performing daily activities



Saturday, April 10, 2010  
THE IMPERIA, Somerset, NJ

### AGENDA

8:30 a.m.

Registration, Continental Breakfast & Exhibits

9:25 a.m.

Welcome & Introductions

9:35 a.m.

Living with Parkinson's: Lessons of Hope  
Dave Iverson, producer, writer and anchor

10:35 a.m.

Break, Refreshments and Exhibits

10:50 a.m.

Coping with Parkinson's Disease:  
A Team Approach for Optimal Health  
Claire Hencliffe, MD, Movement Disorder Specialist,  
Cornell Weil Medical College

12:10 p.m.

Lunch and presentation of service awards, raffle

1:45 p.m.

Parkinson's Unity Walk  
Helaine Isaacs, Event Director

2:00 p.m.

Parkinson's Disease & Activities of Daily Living (ADL)  
John Argue, author and teacher

3:10 p.m.

Closing

### PROGRAM SPEAKERS

**John Argue** has been teaching movement and voice for people with Parkinson's disease since 1985. His approach reflects his extensive training in yoga, tai chi, dance, and drama. Techniques of The John Argue Method™ are presented in the book Parkinson's Disease and the Art of Moving and its Video Companion in VHS or DVD.

**Claire Hencliffe, M.D., D.Phil.**, is Assistant Professor of Neurology at Weill Cornell Medical College, and directs the new Weill Cornell Parkinson's Disease and Movement Disorder Institute. She received her DPhil., in molecular biology at Oxford University, UK, and after a period of basic neuroscience research at Cambridge University, UK, and UC Berkeley, she graduated medical school at Columbia University, and continued there in neurology residency, going on to a movement disorders fellowship with Dr. Stanley Fahn.

**Helaine Isaacs** is the Parkinson's Unity Walk Event Director, responsible for overseeing the logistics of the Parkinson's Unity Walk, and to help raise funds for research for Parkinson's disease by developing and maintaining relationships with participants, volunteers, sponsors, and foundations that are associated with the Walk.

**David Iverson** has been a producer, writer and anchor for public broadcasting for nearly 30 years. He coproduced, directed, wrote and reported the 2009 PBS Frontline documentary "My Father, My Brother and Me," which profiled his family's struggle with Parkinson's disease. Iverson was the writer, narrator, co-producer and executive producer of the national Emmy award winning PBS documentary "The 30 Second Candidate".